Abstract

Introduction: Attachment of people to God, can have a significant role in how to deal with issues in their daily lives.

Objectives: The purpose of this study is comparison of attachment styles to God and Mental health of mothers of exceptional and normal children.

Method and Materials: This study is a cross-sectional comparison. Sample size is 100 subjects. That 50 of the mothers of exceptional children (blind, deaf and physically disabled) in Tehran who were referred to rehabilitation centers. And 50 people who were mothers with normal, non-exclusive children.

Results: The results showed that there is a significant difference in two groups between attachment styles to God and Mental health.

Conclusion: According to the results, it can be concluded given that it has been proven that attachment to God and one of the variables is useful for promoting mental health, We can held training classes in the area of influence of religion and attachment to God in the Life, promote mental health of mothers of exceptional children.

Keywords: attachment to God; mental health; Exceptional Children