Relationship Between Mental Health and The Tendency of Adolescents to Use Drugs in Tehran

Zahra Golchin Nia

Abstract

Introduction: Mental health generally refers to someone who is used to a high level of emotional and behavioral adaptation. It is not merely someone who is mentally ill.

Objective: This study aimed to investigate the relationship between mental health and the tendency of adolescents to use drugs in Tehran. The study of all adolescents

Methods: A sample of 150 adolescents were randomly selected. The measuring instrument used in this study was the mental health questionnaire (SCL) 25 and 5-choice question.

Results: Pearson's correlation was used in this study, the data analysis was performed using SPSS software.

Conclusion: The results showed a significant relationship between mental health and attitudes to drug use in adolescents in Tehran, there is the mental health of older persons, Is less tendency to use drugs more mental health, substance use