The importance of environmental qualities in children's mental health

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Environmental qualities have important position in child's life at mental and intrinsic dimensions. These space are Architecture space such as private life spaces, residential, educational and recreational spaces also urban spaces such as alleys, streets, squares, etc. these spaces are influence on child's safety, succulence, calmness and peace feeling also reduce child's mental and emotional impression so promote child's mental and inner character. With this belief, this paper aims the importance of the environmental qualities in the mental health of children and to presentation the practical guidelines in this topic. Private and public spaces can be effective via employ children's creativity through physical, natural and cultural means. This propose can be done via usage of soothing colors, beautiful and creativeness forms. Creativity design with art and environmental approaches, particularly in urban spaces, with usage of water and plants can reduce children's stress and upgrade their calmness, safety feeling, creativeness Ability. Designing different life spaces with improvement environmental qualities can upgrade children's mental health.

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