Abstract: This study aims to research on anger management skills effect on amount of aggression and individual- society consistency of male criminal adolescents of Qazvin amendment and nurture center. Method and material: This is a quasi -experimental study in this researcher society is male adolescent criminal who were punished at Qazvin amendment and nurture center during year 92 that were 185 individuals. We have used random sampling method and finally 30 were used among samples that their total aggression score was higher than society’s median and their individual-society consistency score was lower than society’s median. These individual were randomly placed in two experiment (15 individual) and control (15 individual) group. Experiment group was placed under educational program of anger management training (8 sessions). In order to gather data we used Bass-Perry aggression questionnaire and California individual-social consistency questionnaire. Data were statistically analyzed by descriptive and deduction statistic (Manova). Finding: researcher’s result indicate that independent variant of anger management training was meaningfully able to decrease aggression amount (p<0.001), and increase in individual consistency (p<0.001), and social consistency(p<0.001). There for hypothesis of research were confirmed. Result: based on these results anger management training program could be a good solution in order to decrease aggression and increase consistency in criminal adolescents. 

Key words: anger management skills, aggression, individual- social consistency, criminal

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