Introduction

Among human social interactions, the parent-child is very important. Baumrind has recognized three authoritative, authoritarian and permissive parenting styles and indicated that these methods are effective in forming the children's psychological and behavioral features. Among the other important factors in parent-child relationship and predictor of the people's psychological and behavioral features are primary experiences and attachment with the parents. From three attachment styles (secure, avoidant and ambivalence), the secure attachment style is related to the individual's normal and positive features. Self-efficacy derived from Bandura's cognitive-social theory is the individual's beliefs and judgments regarding their abilities in doing tasks and responsibilities. The research history shows that the parents' parenting style and the children's attachment styles can predict the children's self-efficacy.

Predicting the children's self-efficacy according to the parents' parenting styles and the children's attachment style

Method

It has a correlational descriptive research design. The statistical population included all female fifth grade primary school students in 2011-12. The sampling method was multi-stage cluster random sampling and the sampling volume was 196. Therefore Baumrind's parenting questionnaire, Mercers' self-efficacy questionnaire, and Galon and Robinson's attachment scale were applied. In order to analyze that data the stepwise regression analysis as well as Pearson correlation analysis was used.

Results

The findings of the study showed that there is a positive significant relationship ($r=0.49$) between the children's secure attachment and self-efficacy ($p=0.0001$). According to regression analysis the children's secure attachment style can predict 0.23 of self-efficacy with correlation coefficient of 0.48. But parenting styles could not predict self-efficacy.

Conclusion

The findings proved that secure attachment in children is related to higher self-efficacy. The above result is in agreement with the study in which secure attachment style results in positive psychological and behavioral features in children. Finally it seems that the people with secure attachment style have stronger self-efficacy.

parenting styles, attachment styles, self-efficacy

Poster