Assessment of personality characteristics in parents of children and adolescents with OCD compared to control group

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Introduction

The objective of this study was to compare the personality types and characteristics in parents of children and adolescents with OCD compared to control group.

Method

Participants were parents of thirty children and adolescents with OCD referred to child psychiatric clinics in Mashhad. Their diagnoses based on DSM-IV-TR criteria were confirmed by 2 child psychiatrists. Control group were parents of 30 healthy children from schools in Mashhad who were matched in terms of age and socioeconomic status with the first group. All of participants completed the Myers-Briggs test. Collected data was analysed using SPSS-15.

Results

Results show that two groups of parents were not different in terms of Extraversion-Introversion, Sensing-Intuition and Thinking-Feeling personality dimensions. There was only a significant difference between 2 groups in Judgment-Perception dimension.

Conclusion

Parents of children with OCD were different with parents of healthy children in Judgment-Perception dimension. Recognition and control these characteristics could be useful for parents of children with OCD.

Keywords: OCD, Personality type, Myers-Briggs test