The role of Body image in prediction of quality of life in the students

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Abstract: Introduction: Positive and negative effects of persons body image affect in their quality of life. Objective: The purpose of this study was to investigate the role of body image in prediction of quality of life in the students. Method: The research has been a correlation method and the research plan has been an anticipative study. The statistical population of this research includes the whole high school girl students in Ardabil city in the academic years 2012-13. The statistical sample included 724 female students in grades first, second and third public high school students in strings math, experimental and humanistic, which were chosen through a multi-stage cluster random sampling. Multidimensional Body Self-Relations Questionnaire and Quality of life questionnaire was used to gathering of data. Results: The results showed that there is a significant negative correlation between body image with quality of life (P<0.01); results of multiple regression analysis showed that body image can explain 28% of the variance quality of life. Conclusion: Therefore body image affect the quality of life for students

Body image, Quality of life, Students

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