Abstract: Introduction: Research about the relationships between parents’ mental health and emotional-behavioral difficulties in adolescents has been recently increased.

Objective: The present study aimed to examine the relationship between mothers’ mental health components and students emotional behavioral disorders (EBD).

Method and Materials: A total of 378 students attending Tabriz high schools were randomly selected by multi-stage cluster sampling method. The research design was causal-comparative one. General health Questionnaire (GHQ-28) and Achenbauch’s Youth Self report (YSR) form were administered for collecting data. The results were analyzed by simultaneous multiple regression.

Results: The findings showed a significant negative correlation between all subscales of mothers’ mental health (somatisation, social dysfunction, anxiety, depression) and students’ emotional behavioral disorders (Somatic Complaints, Anxious/Depressed, Social Problems, Thought Problems, Attention Problems, Delinquent Rule-Breaking Behaviors, Aggressive Behaviors). The findings also revealed that mothers’ anxiety and depression increase the risk of emotional behavioral disorders in adolescents.

Conclusions: The findings of this study have some implications about the importance of studying etiological factors in adolescents with emotional behavioral disorders with emphasis on the familial mental health factors. The limitations and recommendations for the future research have been discussed.

Emotional- Behavioral Disorders, Mental Health, Adolescents

Presentation: Poster