Abstract
After so many years devoted to practicing medicine as children physiotherapists, the therapists finally found the importance of balance training exercises in children who suffer from cerebral palsy. It is only through controlling balance that we can achieve improvement in body movement and position that will culminate into performance independence in a child. Formerly, working over controlling balance in cerebral palsy children has been very difficult, because contracture and spasticity did not let us to have an effective balance training exercise. But due to attaining numerous progresses in the field of treatment and control of cerebral palsy children during recent three decades; we have seen more positive changes in this domain.

This research aims to study over effectiveness of exercise therapy on cerebral palsy children by focusing on a meta-analysis research model.

Procedure: for this purpose, the present model selected 6 researches out of 22 ones due to their approved methodology and carried meta-analysis over them.

Conclusion: the results of meta-analysis showed that level of effectiveness of exercise therapy on alleviating the symptoms of spastic cerebral palsy is average in accordance with Cohen's Effect Size (Interpretation Table.: effectiveness level was 59% (P<0.05).

Keywords: Meta-analysis, Exercise Therapy, Children Suffering from Cerebral Palsy (CP), Spastic