The correlation between social skills, social and academic-job adjustment of girl and boy high school student

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Abstract

Introduction and Objectives: Various factor including social and communication skills affect social adjustment. Social skills affect personal affective stability and adequate relationship with parent, others and social institution and adequate adjustment with stressful new situation. Thus, present study was designed to assess the correlation between social skills, social and academic-job adjustment of girl and boy high school student.

Method and Materials: This research is descriptive and correlation type. Statistical univers including of whole girl and boy high school between 13-18 age. Statistical sample including of 108 kermanshah high school student (43 girl and 65 boy) that selected by cluster sampling. Social skills assessed by shut et al (1998) questionnaire, also social and academic-job adjustment evaluated by bell adjustment scale. Data were analyzed by Spss-16 software, using pearsons correlation.

Results: Data analyzed indicated that there was meaningful positive correlation (r=0.398, p=0.001) between social skill and social adjustment of girl and boy high school student, also there was meaningful positive correlation (r=0.226, p=0.015) between social skill and academic-job adjustment of girl and boy high school student.

Conclusion: There was positive correlation between social skill and social adjustment of girl and boy high school student and, also academic-job adjustment. It is necessary that the managers of school pay attention to social skill training in schools.

Key words: social skill, academic-job adjustment, social adjustment