Effectiveness of group play therapy on reducing ADHD - attention deficit in children 5 to 10 years

Among the various treatment methods for reducing hyperactivity - attention deficit children is considered, play and play therapeutic of the involvement children in process therapy the most significant ways that led to useful results And the positive way to behavior children is balance. This study aimed to determine the effectiveness of play therapy in reducing attention deficit - hyperactivity in children was conducted. Study population All of the children between 5 to 10 years old with attention deficit - hyperactivity referred to two counseling clinic in Tehran city In the years 92- 91 Constitute Using available sampling to select 30 children’s from among 37 children referred And randomly divided to two experimental and control group. Then treatment program In the Experiments group was conducted for 8 sessions. For both groups before and after the interventions, short-form questionnaire, Conners Hyperactivity test and psychological school children test were administered. According to the results of children who participated in the play therapy Compared with children who had not participated in the program in terms of hyperactivity and attention deficit show no significant difference.