Abstract: Objective & introduction: Hearing impairment can have an impact on adolescents quality of life and can lead to isolation and depression. So propose of this research has studied the effectiveness of mental rehabilitation based on positive thinking skills training in group form on increasing happiness low of Hearing boys.

Method and material: This has been an experimental research and used pre-test, post-test plan with a control group. Whole low of Hearing students in schools (boys) high school in southern Tehran in year 2012-2103, made researching statistical community. 24 low hearing boys selected by synthetic sampling (those who had under average happiness scores) and randomly divided into two experimental and control group of 12 people. Positive thinking skills were trained to experimental groups during 8 sessions, 45 minute and 2 sessions in a week. The used tool in this research is oxford happiness questionnaire. Data analysis was performed using SPSS version 19.

Results: result this research using analyses of covariance showed that Positive thinking skills training had meaningful and positive effect on increasing happiness low of hearing boys of experimental groups.

Conclusion: Based on research findings, it could be concluded that positive thinking skills training increases the happiness score low of hearing boy adolescents, so we propose this training method to be used in both normal and special schools and counseling clinics, to increase the mental health low of hearing boy adolescents.

mental rehabilitation, low of hearing, Positive thinking skills, happiness.

Presentation: Poster