Introduction: Anxiety disorders are among the most common psychiatric problems in childhood. Child-focused Cognitive-behavioral therapy (CCBT) is an efficacious treatment for youths with anxiety disorders. Objectives: The aim of this research was to examine the efficacy of Child Cognitive-behavioral Therapy (CCBT) in the treatment of anxious children’s behavioral difficulties.

Method and Materials: This study was carried out based on a multiple baseline. The subjects were 3 female children with anxiety disorder and their mothers who were selected by K-SADS-PL clinical interview. The subjects received Coping Cat Cognitive-behavioral Therapy for 16 sessions.

Assessment tool was the Achenbach Child Behavior Checklist (CBCL). Results: The data analytic showed that Child Cognitive-behavioral Therapy is significantly efficient in reduction of Internalizing and externalizing behavioral problems. Also the result showed greater improvement in Internalizing behavioral problems. The result of Treatment continued up to follow-up period.

Conclusion: Child Cognitive-behavioral therapy can be efficient on reduction of children’s behavioral problems. These findings provide preliminary support for the efficacy of the “Coping Cat” program and encourage therapist to use this program in treatment for childhood anxiety disorder.