### Maternal Physical Well-Being AND Emotional-Behavioral Psychopathology Symptoms in Children

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**Introduction:** The problem of communicating with peers, conduct disorder and emotional problems in children is a sign of morbid and can be associated with some characteristics of their parents. Several studies have supported this idea that there is a significant relationship between parental behavior and child welfare. Objectives: The aim of this study was to investigate the relationship between physical well-being of mothers and its pathological symptoms in their children 3 to 6 years old.

**Method and Materials:** The method of the study was correlation. And the sample of the study was 98 children who were assessed by: Mental, Physical and Spiritual Well-Being Scale (MPS) and Strengths and Difficulties Questionnaire (SDQ-parent form). Data were analyzed using Pearson's correlation.

**Results:** There was a significant relationship between mother's physical well-being and emotional problems, conduct disorder, difficulty in communicating with peers and prosocial behaviors in children (p < 0.05). Also there was no relationship between mother's physical well-being and attention deficit hyperactivity disorder (ADHD) in children.

**Discussion:** Findings from the current study would assert the beneficial role of mother's physical and emotional well-being in predicting emotional and behavior problems in children.

**Mother's Physical and Emotional Well-being, Emotional and Behavioral Pathology, Children**