Effectiveness of Quran sound, Interpretation & Translation on Anger control, social Anxiety and Depression among the mothers with children of stuttering

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Introduction: Children and adolescence with diagnosis of stuttering, have difficulty in showing their thoughts through speaking.

Results: Aim of the study Because the mothers placing a major role in the follow-up treatments of stuttering, this kind of special responsibility increase stress and family problems and emotional reactions such as social anxiety, parents' anger, and Depression may passed to children on future life. Therefore recognize the ways to reducing anger, annoying emotional reactions among mothers with stutterers children and considerably.

This study examined the effect of Quran (sound, interpretation, and translation skills) on anger control, social Anxiety, and depression in mothers of children with stuttering disorder.

Methods: This study is cast a semi-Empirical study, in this study the date were collected from 30 Patrice parents in clouding 15 mothers with stutterers children and 15 mothers with normal children. In 2 groups applied Barahenis religreen, attitude inventory, anger control questionnaire, social Anxiety test and Beck Depression test as a pre and post test. In experimental group for 8 sessions go we intervention (Quran sound, Interpretations, Anger control training). During this period time the control group received no intervention. In data, Analysis ( ANCOVA ) was performed.

Result: Result obtained A significant reduction in Level of social Anxiety (F= 16 / 70 and α = 0 / 001) and depression (F = 8 / 92 and α = 0 / 008).

Conclusion: listening to Quran sounds on Anger control skills training could effectiveness on reducing level of social Anxiety & Depression of mothers with stutters children.

Keyword: Quran sound, Anger control skills, Social Anxiety, Depression, Stuttering