**ID: 9338**

**Congress: 6th International Congress on Child and Adolescent Psychiatry**

**Title:** Survey of The difference between the levels of life quality in mothers of blind, mental retarded with mothers of normal children

**Authors:** 1-Zahra Abbasian Nik, 2-vajihe hashemi

**Abstract:**

Introduction: The life is associated with physical and mental health. one of the most stressful situations is exceptional children. exceptional Children have different impacts on the performance and family quality and particularly, makes visible on mother's primary caregiver. 

Objectives: aim of this study is life quality in mothers of exceptional children (blind, mentally retarded) compared with healthy children, to identify them to prevent harmful impacts on the mental health and improved life quality.

Method: this study was used a sample of 120 individuals that included 80 mothers of exceptional children (separation of 40 pupils in each groups of blind and mental retardation) and 80 mothers of healthy children was selected by means of cluster sample in the study. The following questionnaires were administered on mothers: Life Quality of health world Organization Questionnaire is consisted of 26 questions in four domains: physical, psychological, social and environmental health.

Results: The finding indicated that although life quality in mothers of blind children are different with healthy mothers in all aspects, there is no significant difference between mothers of mental retarded and healthy children, also The study showed that is related to the quality of mother life with severely disabled of child.

Conclusion: results revealed that life quality in Mothers of blind children are lower than mothers of mental retarded children, so to identifying the mothers needs of exceptional children compared to mothers of normal children that can promote their life quality.

**Key words:** life quality, mothers of exceptional children, mothers of normal children

**Presentation:** Poster