### Congress: 6th International Congress on Child and Adolescent Psychiatry

**Title:** Survey of Effectiveness of parental awareness on the social problems of the mentally retarded adolescents  

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**Abstract:** Introduction: research showed that none of society is not safe on social pathologies but some groups are the most risk exposed for disability such as mentally retarded adolescents that do risk behaviors in the puberty that treated their health and irreversible impacts have their families and them.  

Objectives: aim study is effectiveness of parental awareness program on the social pathologies of the mentally retarded adolescents.  

Method: 20 parents of mentally retarded adolescents who used pre-test – post-test with unequal control group and selected through purposive sampling and were divided to 2 groups of experimenting and controls. After the pre-test performance was trained among parents of experimental group that were based on parental awareness during 8 sessions; then after intervention were performed on the both group in the post-test. The following questionnaires were administered on parents: interview and Questionnaire included social pathologies of the mentally retarded adolescents. for data analysis were used t test.  

Results: The analysis indicated that high-risk behaviors of mentally retarded adolescents of experimental group have significant differences on control group. Social pathologies of experimental group are lower than control group.  

Conclusion: active participation of families with mentally retarded adolescents reduced their risk behavior, thus the identification of high-risk behaviors and mentioned programs can be a major step towards prevention and health promotion in the family and community.  

**Key words:** parental awareness, social pathologies, mentally retarded adolescents  

**Presentation:** Poster