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Title: The role of attachment to God on reduction of emotional-behavioral disorders among male adolescents in Tabriz

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Abstract: Introduction: Attachment to God as an important issue in religious and developmental psychology is the quality of emotional, behavioral and cognitive bond to God. The role of attachment to God in psychological wellbeing has been recently addressed but there is a gap in literature about the role of this construct on adolescents’ emotional-behavioral disorders.

Objective: The goal of the study was to examine the role of attachment to God on adolescents’ emotional-behavioral disorders.

Methods and Materials: A total of 378 high school students of Tabriz were randomly selected by multi-stage cluster sampling method. Attachment to God questionnaire (Miner and Ghobari Bonab, 2009) and Achenbauch’s Youth Self-Report (YSR) were administered.

Results: The results of the study were analyzed by the Pearson correlation coefficient and simultaneous regression analysis methods. The finding revealed that students who had been securely attached to God were less likely to experience emotional-behavioral difficulties compared with students with avoidance-dismissing attachment style.

Conclusions: The current findings could be theoretically important in developing research on attachment to God and its role on reduction of students’ behavioral problems. The implications for the future research are discussed.

attachment to God, Emotional-behavioral disorders, Adolescents

Presentation: Poster