Comparison mental adjustment of mothers mentally retarded elementary school boy students with mothers of mentally normal elementary boy students


Introduction: Children, who are physically or mentally incapable, impose a special stress on the parents, especially the mother and the entire family. It creates problems.

Aim: Propose present study comparison mental adjustment of mothers mentally retarded boy students with the mothers of karaj city mentally normal boy students

Method: Method was causal-comparative. The statistical population was whole mother's elementary schools students' city of karaj in the academic year 2013-2012. 120 mothers (60 people normal schools and 60 people especial schools) were selected based on available sampling and answered completed bell adjustment inventory. Data were analyzed bay using descriptive statistics (mean and standard deviation) and inferential statistics (t-test for independent samples) and by using the program spss19.

Results: Results showed there is not significant deference between social, emotional, mental adjustment of mothers mentally retarded students with mothers of mentally normal students (p>0/05). 

Conclusion: Mentally retarded of students don't have effective role in mental adjustment their mothers.

Keywords: Mentally retarded, elementary schools students, especial schools