| Introduction: The fears have high prevalence in childhood, yet many of these fears are short-lived and disappear after a few months, but in some children, these fears are greatly interfere with normal function and maybe they are quite stable. Children use a variety of strategies for coping with these fears. Some children are use the problem-oriented coping strategy, which is a way to change or manage stressful situations and some other is applying emotion oriented coping as a way to control emotional reactions associated with the stressor.

Object: This study examined the relationship between coping strategies (problem-oriented / emotion oriented) and fear in 7 and 8 year old students of Bojnourd city.

Methods: This study used a descriptive – correlational research design. The study population consisted of all students in year 7 and 8 year old of city Bojnourd in 1390-91 school years. With using the Cochran's sample size formula and multi-stage cluster sampling 117 student were selected as study sample. One of the tools in the study, was a researcher-made coping strategies questionnaire (emotion-focused, problem-focused) that is designed during the study steps and pre-tested by the researchers and is well reliability and validity (α= 0.83). To make this tool a questionnaire Children Coping Skills with Cronbach's alpha 0.79 that made by Venger in 1990, and the Check list of coping skills for children with a Cronbach's alpha 0.88 were made by Ayers & Sendler in 1999. Researchers also translate the children's fear Questionnaire (Olendeek, 1983) then for the validity and reliability, the tool was performed on 117 first and second grade students. Reliability coefficient of the instrument for the Iranian population are (96/0 = α), respectively.

Collected data analysis with SPSS 20 software and using the Pearson correlation test and multiple regressions.

Result: finding showed a significant relationship between fear and coping strategies (P ≤ 0.01) and between the dimensions of coping strategies, emotion-focused coping strategy alone has the ability to predict the fear.