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**Title:** Oral lesions of nutritional deficiencies  
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**Abstract:** Nutrition and diet have important role in oral health. Both the development of the teeth and the development and preservation of the oral tissues are influenced by nutrition and dietary habits. Mouth is considered as a “mirror of nutritional status” due to the developing of the very initial signs of unhealthy nutritional status in it. Therefore, it is suggested that dental health professionals are in a position to be the first to distinguish nutritional problems. So, if they would have enough knowledge and awareness of any symptoms and signs linked to nutritional problems, they could take a proper action. Dental health professionals could either provide general dietary advice if they have knowledge about healthy nutrition and diet and the impacts of unhealthy nutrition status on the mouth or should refer the patient to a dietitian if needed. Dietitians should aware of the oral symptoms of nutritional disorders. In this presentation, nutritional problems include protein energy malnutrition (PEM), some certain nutrient deficiencies, and diets that unable to meet dietary recommendations for consuming variety of food groups such as fruits and vegetables. There is a relationship between each oral disease (include enamel developmental defects, dental caries, impaired salivary gland function, disorders of the oral mucosa including noma and oral cancer, and periodontal disease) and nutritional disorders.  

nutrition - oral lesions - awareness  
**Presentation:** Poster