Abstract: Introduction:
As part of its commitment to the well-being of all employees and their families, Bapco management has established Health Promotion Committee (HPC) in February 2009. The HPC in performing its legal corporate mandates, having been vested with the appropriate authorities and responsibilities for promoting the health and general well being of all Bapco employees and their families to achieve the optimal health. This paper defines Health according to World Health Organization (WHO), and explains what are the stages of development in health promotion (HP) reached so far by WHO. It also describes the differences between the HP & Health Education, the ways to change the life style to reach the optimal health, the ways to any organization to establish a well organized HP program.

Materials & Methods:
Survey about employees’ needs & interest for Health Promotion Program in BAPCO was distributed to 750 employees on March, 2010 who randomly selected from across the organization representing all levels of employees. The questionnaire was in the form of preventive and curative goals.

Results:
From analysis of the questionnaires, it was found that the most 3 needs & interest in curative goals were; Cardiovascular diseases, DM & Respiratory diseases. The most 3 needs & interest in prophylactic goals were; Healthy eating, Weight management & Cancer prevention.

Conclusion:
Bapco has put a long term plan focusing on these goals which also falls in line with Ministry of Health initiatives for Bahrain citizens. Bapco experience in Health Promotion will be described also, future plans, details about the progress made since the implementation of Health Promotion and success stories as well.

health promotion, work,

Presentation: Oral