Title: The status of tobacco use and Attitude, relating to smoking among postgraduate males students in Shiraz university of Medical Sciences

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Abstract: Introduction
Tobacco use is one of the major preventable causes of premature death and disease in the world. Tobacco use is associated with many chronic diseases, such as cardiovascular disease, cancer, chronic respiratory diseases, and diseases of the digestive tract. Smoking is responsible for some four million deaths worldwide each year. One specific objective of university programs in the health sciences should be to provide the community with knowledgeable student who are fully cognizant of the importance of smoking as a health problem. Aim this study is Survey the status of tobacco use, and the attitudes among postgraduate male's students in Shiraz university of Medical Sciences

Methods: In a cross-sectional survey, questionnaires were completed by 83 male's students in the Shiraz University of Medical Sciences in 2011, including the prevalence of current smoking, their attitudes towards of the effects of tobacco use on health, and correlation Demographics Factors with attitude.

Results: 33/7% of postgraduate males' students were smokers, about one-third are current smokers, attitudes scores towards smoking and its damage were 66.7±9.9. Don't relation age and attitude toward cigarette. The non-smokers had more positive attitudes against smoking and were more aware of the adverse effects of smoking. The reasons smokers gave for starting smoking were pleasure, followed by stress and curiosity. Some smokers disagreed with some criticisms against smoking, and reasons why they did not want to quit included social attitudes, addiction, and not knowing how to quit.

Conclusion: Results of this study may provide baseline data to develop an anti-smoking program in the university and encourage policy makers to limit smoking in the university by strengthening the policies against smoking.

tobacco use; attitude; male's medical students

Presentation: Poster