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**Title:** Assessing causes of marital conflict as a threat against marital mental health in view of the of newly-wed couples in yazd (2003-2005)

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**Abstract:** Introduction: Marital conflict and divorce is the most important cause to mental disorder and decrease mental health in wedlock. This study investigated the cases of marital conflict in the newly- couples in yazd.

**Materials and methods:** This cross-sectional study was carried out on all 250 newly-wed couples in yazd marital counseling center for their marital conflict in 2003-2005. A questionnaire including the demographic information and open-ended questions about causes of conflict was used for data collection. Collected data were analyzed by spss software with appropriate statistical test such as T-test, ANOVA and chi-square.

**Results:** The result showed that the most important and the most prevalent cause of conflict revealed by husbands were family interventions (16/8%), unresponsiveness (7/2%), lack of deference (8/6%) and lack of interested (4/4%). Wives underscored the following causes; family interventions (18/8%), violence (4/18%), unresponsiveness (11/6%), addiction (2/11%) and pessimism of their husbands (8/8%). There was a significant relationship between being married with education level and compulsory marriage in couples and history of crime in husbands (p<0/05).

**Discussion & Conclusions:** As the results indicate, for promotion of marital mental health and decreasing marital conflict and divorce in society, youths should be careful in their marriage with identification of behavioral trait and future plans of each other before wedlock, as well as cultural and religious belief of the spouse and his/her family. Cultural organization should construct mental heath promotion courses for newly- couples and instruct them .Their duties and responsibilities in marital life as well as problem solving skills.

**Conflict, divorce, mental health newly-wed couples, yazd**

**Presentation:** Poster