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**Title:** The survey of General Health in elderly period

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**Abstract:** Introduction: Increasing long-lived of human and add of elderly population is a critical consequence, and resulted by hygiene condition improvement. Elderly is a hygiene succeed and countless blessing of god. Physical and psychological changes in elderly period is needy of correct and proper education in this circulation. Determining education needs is the first step at collection of education programs. Aim of this study was to determine of General Health in elderly period in elderly period in referring to Dezful health centers in 1389.

**Material and Method:**
This study was a descriptive- cross-sectional study carried out in 1389 year and sampling method was using quota sampling. 170 elderly participated that had research characteristics. The research data were collected using demographic feature questionnaire, were collected using demographic feature questionnaire and The SF-36-item General Health Questionnaire. Questionnaire confirmed with content validity and test- retest. Data were compared using spss software. The p value of less than 0.05 was considered significant.

**Findings:**
Results showed that Mean age of women and men were 23.45±2/4 and 23.45±2/4. Elderly regarding healthy life improvement is in domain bodily exercises with mean of 84.6%. Subsequent preferences of education needs are how teeth and mouth care with mean of 78.2%, knee care with mean of 75.7%, back care with mean of 73.7%, prevention from bone emptiness with mean of 68.9%, prevention from accident with mean of 64.5%, visual care with mean of 58.9%, hearing care with mean of 51.9%.

**Conclusion:**
Quality of life at postpartum period is inducing physiological, mental and social changes, which are influenced on mothers’ Quality of life and their child. Thus, the recognition and assessment of these women, support of their husbands, other family’s members and health care personnel are necessary, and these improve the mother’s health and their quality of life in all stages of life.

**Keyword:** Education needs, elderly, healthy life improvement.

**Presentation:** Poster