Title: The effectiveness of school- based intervention program on self esteem in peer group in middle schools students

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Adolescence is a critical period in life and the important behavioral patterns such as smoking, alcohol and drug use, that affects whole of the life, is formed in this stage. Many of the risky behaviors of health, which is a main cause of adolescent and adult's death, is established and reinforced in adolescence ages. Life skills training (LST) is the best way to promote the psycho-social abilities in the protective unit, which is named school. We did this study in order to determining the effectiveness of school- based intervention program on self esteem in peer group in middle schools students.

Methods and materials: This study is a pre and post test semi- experimental study with control group, consisting 199 students in 2 and 3 grades of Maragheh's middle schools that we selected them randomly, and after pre- test divided in 2 groups. In the case group, we performed the LST program in the 7 session, and then assessed self esteem in peer group. We used HSS (Hare Self Esteem) scale to assess it and analyzed data by SPSS ver 15 software and t-test and χ2.

Finding: In the post- test, mean scores of self esteem in peer group in the case group had a significantly increasing to pre-test, that after school- based intervention program (P=0.02), self esteem in peer group in case group has increased . LST program in case group was affective on students' self esteem in peer group, and then we offer it as a protective factor in school to implement.

Kay words: school- based services, Early Intervention (Education), student, prevention, Substance Abuse.

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