Title: The effect of applying continues care model on quality of life in patient with renal transplantation in the selected hospitals in Tehran

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Abstract: Introduction: With change in health status, the experiences, relation and roles had been changed too. Chronic kidney disease an its replacement therapies cause some problems in useful activity and interests in patient that contribute with her/him quality of life.

Objectives: The aim of this study is evaluation of effect of applying Continues Care Model on quality of life in patient with renal transplantation.

Materials and methods: In this randomized clinical trial study, 90 patient with renal transplantation referring to Baqyatallah, Labafinejad, hasheminejad and Modares Hospitals according to including criteria were selected then divided into experimental and control group randomly. After applying Continues Care Model in experimental group in three months, quality of life were evaluated and comprised with disease specific questionnaire in renal transplantation (Kidney Transplant Questionaire-25) after end of each month in both groups.

Results: Date analysis showed increase in quality of life scores in both groups bat mean of quality of life scores(total and sub dimention) in experimental group were significantly more than control group in all stages(P<0.05).

Conclusion: applying Continues Care Model can increase quality of life in patient with renal transplantation significantly.

Continues Care Model, quality of life, renal transplantation, disease specific questionnaire, kidney transplant questionnaire (KTQ-25)

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