Introduction: Knowledge advancement especially in recent decades has expanded our collective knowledge towards the different determinants of health including a range of factors from genetics to individual knowledge, attitude, belief, perception and practice, life style and finally social and ecological factors. However it is not a long time that the role of personal worldview, in the other words the individual’s ideology and hence his attitude and perception towards the philosophy of creation and existence of the world in health protection and promotion has been examined. However, there was few studies examining the therapy effect of modification of individual’s attitude and perception towards the philosophy of creation and existence of the world in health protection and prevention. Among these studies, the most dominant one is the Iranian supplementary medicine.

Method of study: Reviewing the related literature in the term of experiences in practicing one of the most popular theories/practices regarding the role of individual’s attitude and perception towards the philosophy of creation and existence of the world in health protection and prevention in Iran, “Iranian supplementary medicine”, was selected. Then a comprehensive review on the reports and publications (mainly published in Medical science and holistic medicine Journals and conference proceedings of holistic medicine) about the experimental interventions applying this method in treatment of patients in Iran was conducted. The data were analyzed using qualitative techniques such as content analysis.

Findings: The study found numerous case reports examining the healing effect of this method in last two decades in Iran. These experiments had included a very broad range of diseases like gynecologic disease, Auto Immune disease, neurologic disease, psychological disorders, cancers, ophthalmologic disease, and pulmonary disease. Although the majority of studies were case reports but few clinical trials were also published examining the effect of this method on pulmonary diseases.

Discussion and conclusion: All the researchers testing the effect of Iranian complementary medicine which modifies of individual’s attitude and perception towards the philosophy of creation and existence report significant success in treatment of different diseases. However, the weakness of methodology prevents strong generalization of the reported findings. The current literature strongly suggests that there is a high potential for this method to be effective in practice, which if proved scientifically can be considered a revolution in health promotion and medicine. Hence, it is suggested that future examination be based on a strong research methodology in collaboration with medical universities.

Presentation: Oral