Abstract

Introduction: The relationship between reliance on God and the rate of depression and marital satisfaction of the female administrative staff of the city of Nehbandan is a precious jewel in the course of the lives of human beings that believing in it, without any doubt, would resolve many of the spiritual problems in our lives and as a result we would proceed with living under more satisfaction and serenity. The present investigation proceeds with studying reliance on God and its relation with depression and marital satisfaction among the married female practitioners.

Objective: Reliance on God is as a precious jewel in the course of the lives of human beings that believing in it, without any doubt, would resolve many of the spiritual problems in our lives and as a result we would proceed with living under more satisfaction and serenity. The present investigation proceeds with studying reliance on God and its relation with depression and marital satisfaction.

Methods: In a scientific comparative of the post event type, 183 individuals from among the female staff practitioners of the offices administrative cadre of all of the offices of the city of Nehbandan that were in the years 2008-2009, were selected. The tools for collecting information consisted of three types of questionnaires. The questionnaire for reliance on God, the questionnaire for depression, and the questionnaire for marital satisfaction. In addition to these, demographic characteristics were added.

Results: a meaningful relation between marital satisfaction and reliance on God was observed, and a positive meaningful relation between reliance on God and the rate of depression was seen. In the study no meaningful relation was observed between marital satisfaction and depression.

Key word: Reliance on God, Marital satisfaction, Depression, Female practitioners

Oral