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**Title:** Study effect education on the knowledge and attitude pregnant women about nutrition during pregnancy in women referring to the health centers iranshahr, 2008.

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Material and method:
This study was cross-sectional in the pregnant women that referring to the health centers (centers: 3,4,5) in iranshahr. women Participating were in the study 30 pregnant women . Sampling method was randomized ( stratify) and continioused . Data was collected with questionnaire on base pyramidal nutrition during pregnancy . the questionnaire was completed by interview after and before education and analyzed by spss software using descriptive analytical methods.

**Result:** result of this study showed the mean age of pregnant women was 24 years and the mean age of gestational age:31weak . Comparison of knowledge women about nutrition during pregnancy before and after training, before training, the level knowledge 26.7 % of pregnant women were moderate and 73.3% of pregnant women had good knowledge and after of education grew to 100% good knowledge . On determin how to compare attitudes before and after nutrition education , before training 66.7% of pregnant women without comment and 33.3% of them had a positive attitude that in comparison with after education this improved 6.7% of pregnant women without comment and 93.3 % had a positive attitude.

**Discussion:**
The level of the knowledge and attitude pregnant women about some issues important notice nutrition during pregnancy such as consumption iron tablet and folic acid and important source nutritioment was low Considering the significant effect of education on attitudes and knowledge of nutrition during pregnancy and it is an option in health records pregnant women, think this aspect of education should be given a higher accuracy will be done.

**Presentation:** Poster