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Title: Comparison of Anxiety Sensitivity and Worry in Patients with major depression, Panic Disorder and Normal Individuals

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Abstract: Introduction: Anxiety Sensitivity and psychopathology worry are components cognitive which plays an important role in major depression and panic disorders. It leads to create, dept and continue signs of disorders. The purpose of the present study was to comparative anxiety sensitivity and worry in patients with major depression disorder, panic disorder and normal individuals.

Method: In this study, 31 client with major depression disorder (MDD), 31 client with panic disorder (PD) and 31 normal individuals as a sample of Tabriz were selected accessibility. The groups were matched in demographic characteristics with other. The participation completed the following questionnaires: Anxiety Sensitivity Index (ASI) and Penn State Worry Questionnaire (PSWQ). The gathered data is analyzed by SPSS-13 and descriptive statistic indexes and Multivariate Analysis of Variance (MANOVA).

Results: The results showed that significant differences in anxiety sensitivity and psychopathology worry between panic disorder, major depression disorder and normal individuals (P<0.0001) and between major depression disorder and normal individuals(P<0.004). Individual with panic disorder experience more anxiety sensitivity intensity than individual with major depression disorder and normal individual. In contrast, Individual with major depression disorder experience more psychopathology worry intensity than individual with panic disorder and normal individuals. Also, result showed that significant differences in components of physical concerns and mental concerns between major depression disorder, panic disorder and normal individuals (P<0.0001) but there aren't significant difference in component of social concerns in between groups.

Conclusion: Anxiety Sensitivity and psychopathology worry are cognitive constructs that effected anxiety and depression symptoms and result in exacerbate and maintenance Panic disorder and major depression disorder.

Anxiety Sensitivity, Worry, Major Depression Disorder, Panic Disorder

Presentation: Poster