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**Title: Dental bleaching and a review of indications and treatment outcomes**

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**Abstract:** Teeth whitening has become so popular that it seems like everyone is doing it. Everyone wishes they had whiter teeth. Not only is teeth whitening effective, it can also drastically change your smile and improve your self-esteem at the same time. Bleaching is the least invasion and conservative options for improving tooth discolorations. In the other word, tooth whitening can be a very effective way of lightening the natural colour of your teeth without remaining any of the tooth surface. It can not make a complete colour change but it may lighten the existing shade. No dental procedure is without risk and clinician should be aware of the safety issues and adverse effects of tooth whitening. So practitioners need to take certain precautions when considering dental bleaching. This study reviews, the therapeutic indications, different treatment techniques, treatment outcomes, bleaching materials and complications. The purpose of this study is a review of response to treatment and therapeutic indications.

**Dental bleaching - indications - treatment outcomes**

**Presentation: Poster**