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**Title:** View of medical students toward nutrition Mashhad University

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**Abstract:**

**Introduction:** The Student Services Cooperative Company Mashhad University of Medical Sciences with membership of more than 1000 university students towards various activities for students, responsibility for cooking and food distribution services in the university's predecessor also undertaken and comments to the satisfaction of students and create mechanisms necessary to provide appropriate and effective use of these loved ones and valuable comments and constructive criticism is about cooking and food distribution, this study was necessary to.

**Methods:** A descriptive and analytical study with a sample size of 864 people Mashhad University of Medical Sciences, referring to the self-service sampling and stratified systematic random in the final stage, were analyzed by SPSS and test data was the appropriate statistical.

**Results:** 6.4 percent with education quality cooking and serving food at a good level of -37.5 percent -40.9 percent moderate, and moderate in 15.3 percent of the poor have evaluated the quality of food . 28.1 percent of students than the University desirable than other universities as -9 per cent have no difference, 21.2 percent and 41.7 percent weaker level also have unknowing said. The best lunch in order of priority: Grilled Chicken - Stew Fesenjan and best fish and rice dinner tons Ash reshteh fish - feed and chicken salad was Olvieh. Results also showed 30.4 percent of students at dinner, demanding food with rice and 69.6 percent of the food without rice have chosen.

**Conclusion:** Students practice cooperative company of Student Services in cooking and food distribution had satisfaction, quality and variety of foods served in the Mashhad University to other universities, and evaluation of desirable diversity calls for serving food at dinner to feed (Foods without rice) have been.

**Key words:** medical students in Mashhad - the viewpoints of students - nutrition - self service

**Presentation:** Poster