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**Title:** Effect of discussion group on increasing knowledge, attitude about social, determinates and health in the women of reproductive age in rural women Marvdasht city

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**Abstract:**

**Background:**
Women's Health can be the influence of biological factors, psychological, social, emotional, economic, cultural and environmental factors that all may result in is a phenomenon that started from the embryonic period, then each stage of the (infancy and childhood adolescence, youth, fertility and aging years) can be established on the previous stage. Women's responsibilities for providing health are more important than their husbands because they are not only responsible, but also are accountable for authors' health care, so the training field. They are not only responsible for their own health to improve their life style that is effective in improving health but also help others.

This study was objected to increased knowledge and attitude of women about social determinates and health.

**Methods:**
The study was an intervention cross sectional and that was applied a is. Stratified sampling method. Marvdasht city health houses were considered as a class. Among the eligible women 1102 women were selected in a case group were consider as control a questionnaire includes demographic and knowledge parts was used for data collection after receiving written consent the questionnaire were filed and data was analyzed by using pair t-test and anova test.

**Results:**
Results showed increased in the levels of education and attitude there was a significant relationship (Training program significantly increased knowledge and attitudes of the subjects with comparing the control group $P < 0.001$).

**Conclusion:**
Education plays an important role in raising women awareness about some factors, especially nutritional status of their health, mental health and reproductive health. The position of women in their families depend on their income, health education, and her knowledge about all aspects of health.

**Keywords:** discussion group, Knowledge, Health, Women

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