**Abstract:**

Breastfeeding is the best nutrition for babies and children under two years old. Starting with breastfeeding immediately after birth has many advantages for mothers and babies. Education of mothers at health centers and hospitals plays a significant role and exclusive breastfeeding and continued breastfeeding up to two years old.

For this purpose, the WHO and UISEF introduced friendly hospitals in 1989, in which they educate mothers about the advantages of breastfeeding and correct breastfeeding positions, both before and after birth. By approving 10 titles in the name of the ten steps processes at BFH, they have offered the necessary guidance in order to promote nutrition by breastfeeding. It leads to the reduction of malnutrition, infection, and thus in reducing the risk of disease and child mortality. This movement is an attempt to benefit infants from mother's milk.

**Methods:**

This is a descriptive and analytic method, therefore a questionnaire was designed, and 15 mothers of 6-month-old children from BFH and non-BFH were selected randomly. After calling the mentioned mothers and fulfilling the questionnaires, the data were analyzed using Excel software.

**Results:**

It was proved that the knowledge of mothers about the advantages of mother’s milk and breastfeeding in BFH in cities near Tabriz (ignoring Tabriz) is 77.5% and 46.7% in non-BFH. Their awareness about correct breastfeeding positions is respectively 74.2% and 16.7% in BFH and non-BFH. Their awareness about correct ways of making milk and its saving is 39.2% in BFH and 0% in non-BFH. In friendly hospitals, the help of personnel for mothers about breastfeeding is 70%. This index is about 30% in non-BFH ones. 100% of mothers claim that they want to give their milk to children up to 2 years old.

**Conclusion:**

Useful and in the time education plays a significant role in order to have successful programs. Thus, being child-friendly hospitals is so important. Also, it is necessary to study the hospitals which the ten-steps processes are not done there. In order to make them deserving to get child-friendly tablet, we should promote the education level of child-friendly hospitals by monitoring and evaluating them.

**Presentation:** Poster