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<th>ID: 474</th>
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<td><strong>Congress:</strong> The First International &amp; 4th National Congress on health Education &amp; Promotion, 2011</td>
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<td><strong>Title:</strong> Effectiveness of PRECEDE Educational Model on enhancement quality of life in elders – members of the Tehran Elderly Cultural Center – 2009</td>
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| **Abstract:** Introduction: The elderly population is growing in the world, even in developing countries. Elderly population will increase in the next 50 years to 2 billion people. Increase of the number of elderly people, has created an international tendency to improve their quality of life. Advancing age and entering into the older stage because of various constraints and various diseases, including chronic disease is associated with reduced quality of life. The aim of this study was to survey the effect of educational intervention based on the PRECEED Model to promote quality of life in the elderly.  
**Methods:** This study was implemented on 54 elderly - members of elderly Cultural Center in Tehran (2009). Elders were selected in both experimental and control groups through continuum sampling method. For educational intervention, PRECEDE Model questionnaire was used and according to the components of PRECED theory, WHOQOL questionnaire was used to measure quality of life. Then, the mean total score was surveyed in elders of both groups before and one month after the intervention.  
**Results:** After the educational intervention, a significant difference (P<0.05) was observed in the mean total scores of predisposing factors (knowledge & attitude), enabling factors (skills), reinforcing factors (self acquiescence & others persuasion) and behavioral factors (healthy behaviors) in the test group compared with the control group. Consequently, quality of life in elderly people in experimental group improved in comparison to control group after the educational intervention (P<0.05).  
**Conclusion:** It seems that the quality of life in the elderly gets promoted after the educational intervention based on PRECEDE model.  
**PRECEDE Model, Elder, Quality of life** |

**Presentation:** Poster