Abstract: Introduction:
Nutrition is important in the prevention of many diseases, especially chronic diseases and mental and physical efficiency of labor. Meanwhile, the role of physicians and medical students as the medical team in the community is important. Proper performance of physicians and medical students with the principles of healthy nutrition and dietary recommendations require adequate knowledge of these students. The present study investigated the knowledge of male medical students of Ahvaz Joundishapour University of Medical Sciences about Types of therapeutic diets that was done in 1389.

Material and Methods:
This was a cross-sectional study (descriptive - analytical) is on 100 male medical students of Ahvaz Joundishapour University of Medical Sciences. Sampling method was convenience. Data from questionnaires containing 8 questions, using statistical software spss 13 analysis and knowledge of male medical students of Ahvaz University of Medical Sciences about Types of therapeutic diets was measured at three levels that they were low, medium and well.

Results:
The result on the male medical students of Ahvaz University of Medical Sciences showed that 47% of male students had average knowledge, 50% of them had low-level knowledge, and 3% was good. Also between knowledge about Types of therapeutic diets and increased semester in students is a significant relationship (p < 0.05).

Conclusion:
Considering the role of physicians as a link with patients and promote application of the principles of nutrition and healthy whereas showed inadequate nutritional knowledge it is necessary that Medical students during their study of training desired by experienced teachers in nutritional sciences have come to playing duties in the future will be successful.

Presentation: Poster