**Title:** Evaluation of health education programs in primary health care of East Azerbaijan, 2005

**Authors:** Farahbakhsh M1, Hakimi Sevil2*

**Abstract:**

Background: one of the primary health care goals is to improve the health knowledge of community. This goal is achieved by health education programs in health centers. With broadening of health needs and incremental growth of information technologies, health education methods has been changed significantly. In this study, we evaluated the health education programs in primary health care centers.

Methods: this descriptive study was conducted in 135 public health centers of East Azerbaijan province. Health centers were selected with systematic random sampling. Data about education topic, packages, evaluation method and educator were gathered with researcher designed questionnaire and review of health education documents. Data analyzed with spss 16 software.

Results: Twenty three percent of health education programs were about healthy nutrition, twenty percent about child and maternity health. Life style and healthy environment were educated only in 6.3 and 5.6 percent of health centers respectively. 63 percent of education programs were carried out for clients to health centers and all programs were presented by health services providers. 56 percent of education programs weren’t evaluated. Health Needs assessment was performed only in 28 percent of health centers. The most common used education resource was materials that were sent from district health centers (32%).

Conclusion: people and clients must involve in determining health education needs and presenting education programs. Preparation of health education packages about healthy life style and healthy environments have great roles in health promotion. The usage of information and communication technologies in health education has created new opportunities to educate people about health.

**Presentation:** Poster