Examination of awareness level of women between 40-60 years old in relation to menopause signs, treatment and prevention of its complications in Khalilabad city in 1388(2009)


Abstract: Introduction and objective:
Menopause is a physiologic event that in it, physicians and patients cooperate together to hold patients healthy and they continue natural living with peace of mind. Women awareness with respect to changes of this period is of vital importance in prevention and its treatment. Recent study is deal with examining of women awareness in relation to menopause signs and prevention of its complications.

Procedure and findings:
This is a descriptive-analytical study to examining of women awareness level regarding menopause signs and prevention of its complications. The community under study was all the women between 40-60 years old who referred to women infirmary. The sample number was 600 persons and the findings showed that majority of under research units (51.8% of signs and menopause complications) had ideal awareness and 48.2% had little awareness. 80.5% of them had little awareness about ways and methods for prevention of complications and 19.5% had ideal awareness about methods. There was a meaningful relation between awareness of menopause signs and residence (p<0.05). In this study determined that awareness level of villagers in relation to menopause complications is more than city dwellers. Also there wasn't a meaningful relation between awareness of menopause signs and income (p>0.05)

Conclusion:
With respect to little awareness regarding prevention and treatment for complications in menopause duration, there should be noticed to the necessity of training women in this field.

Key words:
Menopause, awareness, women, signs, prevention, treatment, Khalilabad

Presentation: Poster